

Your School Nursing Service



Working together to improve and protect the health and wellbeing of Aberdeenshire families

Who are school nurses?

Registered nurses who have undergone further training as Specialist Community Public Health Nurses (SCPHNs).

Who do they support?

School aged children and young people whether enrolled in a school or home educated.

What do school nurses do?

Promote the health & wellbeing of children and young people within your area, identify health needs and offer support to those who need it, working in collaboration with other agencies to address local needs and national health priorities.

Where do school nurses deliver their service?

We try to be as accommodating as possible and are able to review children and young people in their school, offer home visits or meet someplace appropriate in the community.



School Nursing Priority Areas



Emotional Health & Wellbeing

Substance Misuse

Child Protection

Domestic Abuse

Care Experienced

Homelessness

Sexual Health & Wellbeing

Youth Justice

Transitions

Young Carers

School nurses adopt a GIRFEC approach when working with children and families for gaining consent, respecting confidentiality and sharing information where appropriate. School nursing is a specialist service.



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Aberdeenshire School Nurses



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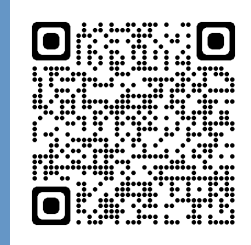
Helpful Resources

Mental Health: CAMHS



[Guide to CAMHS | Mental Health Services | YoungMinds](#)

Parenting Skills: Togetherness



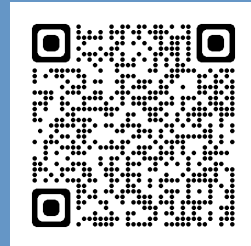
[Online Learning \(heiapply.com\)](#)
Password: TARTAN

Sleep Issues



[Home - Sleep Action](#)

Bladder & Bowel



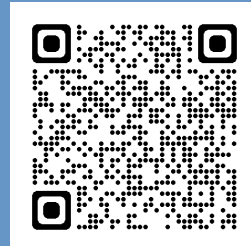
[Home - ERIC](#)
Free Helpline: 0808 801 0343 (Monday to Thursday 10am - 2pm)

Healthy Weight



[Healthy Weight Grampian - Information aimed at helping Grampian citizens achieve and maintain a healthier lifestyle and weight \(scot.nhs.uk\)](#)

Dental Health



[Childsmile - Improving the oral health of children in Scotland \(nhs.scot\)](#)